



Co-op Academy Stoke-on-Trent PSHE KS3 Curriculum 2022 – 2023

	SEP	OCT	NOV	DEC	JAN	FEB	MAR	APR	MAY	JUNE	JULY
YEAR 7											
	<u>Transition and Community</u>				<u>Mental Health & Wellbeing/Healthy Relationships</u>				<u>Personal Safety/Respect</u>		
	<ul style="list-style-type: none">• What is PSHE? and Ground Rules.• Protected Characteristics• Celebrating Diversity• Disability and Inequality• Road Safety• Addressing Misconceptions• Review and Assessment				<ul style="list-style-type: none">• What is Mental Health• Managing Emotions• Wellbeing• Hygiene and Dental Health• Puberty• Intro to Relationships and Consent• Online Safety• Addressing Misconceptions• Review and Assessment				<ul style="list-style-type: none">• Rail Safety• First Aid• Pride• Water Safety• Addressing Misconceptions• End of Year Review and Assessment		
YEAR 8											
	<u>Democracy & Citizenship</u>				<u>Personal Safety & Relationships</u>				<u>Wider world/Support</u>		
	<ul style="list-style-type: none">• Ground Rules and Baseline Assessment• What is Democracy?• What is a General Election?• How does the UK Parliament work?• UK Political Parties• Addressing Misconceptions• Review and Assessment				<ul style="list-style-type: none">• Baseline Assessment for Online & Offline Safety• Online Safety• County Lines - Running the Lines• Assessment and Review• Healthy Relationships• Consent• Review and Assessment				<ul style="list-style-type: none">• Nato, UN and EC• Rights and Responsibilities• Criminal Justice System• Asking for Help• Self Harm• End of Year Review and Assessment• Addressing Misconceptions		
YEAR 9											
	<u>Healthy Relationships</u>				<u>Our World</u>				<u>Health and Wellbeing</u>		
	<ul style="list-style-type: none">• Ground Rules and Baseline Assessment• The Naked Truth - Online Safety, Nudes, The Law and Consent• Self Esteem (Including Online bullying and Self Harm)• Relationships : Assertiveness and your rights				<ul style="list-style-type: none">• Support in the Community• Keeping Safe in the community - managing risks• Aspirations• Savings and debt• British Values 2				<ul style="list-style-type: none">• Healthy Lifestyles• Binge Drinking• Drugs & Society• Suicide• Discrimination in the UK• End of KS Assessment and Review		



	<ul style="list-style-type: none">• Relationships - Expectations and reality• Knowing your normal - Growing Bodies• Review and Assessment• Addressing Misconceptions	<ul style="list-style-type: none">• Fake News• Our World Review and Assessment	<ul style="list-style-type: none">• Addressing Misconceptions
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