



Co-op Academy Stoke-on-Trent PSHE KS3 Curriculum 2022 – 2023

	SEP	OCT	NOV	DEC	JAN	FEB	MAR	APR	MAY	JUNE	JULY
YEAR 10											
	<u>Mental Health &amp; Wellbeing</u>				<u>Educate Against Hate</u>						
	<ul style="list-style-type: none"> <li>• Ground Rules for PSHE</li> <li>• What is Mental Health?</li> <li>• Managing Social Anxiety</li> <li>• Social Media and Self Esteem</li> <li>• Social Media and Self Esteem Continued</li> <li>• Body Confidence</li> <li>• Eating Disorders</li> <li>• Addressing Misconceptions</li> <li>• Review and Assessment</li> </ul>				<ul style="list-style-type: none"> <li>• Review continued</li> <li>• Educate Against Hate - British Values, Discrimination, Extermism and sharing our stories.</li> <li>• Sexuality</li> <li>• Gender</li> <li>• Addressing Misconceptions</li> <li>• Review and Assessment</li> </ul>				<ul style="list-style-type: none"> <li>• Healthy Relationships &amp; Support Services</li> <li>• Marriage and Civil Partnerships</li> <li>• Forced Marriage</li> <li>• Addressing Misconceptions</li> <li>• End of Year Review and Assessment</li> </ul>		
YEAR 11											
	<u>Challenging Stereotypes</u>										
	<ul style="list-style-type: none"> <li>• Ground Rules for PSHE</li> <li>• Challenging Stereotypes Baseline</li> <li>• Challenging Stereotypes</li> <li>• Understanding Radicalisation and Extremism</li> <li>• What do religious groups say about terrorism?</li> <li>• Racism in the UK</li> <li>• Sharing stories of Extremism</li> <li>• Addressing Misconceptions</li> <li>• Review and Assessment</li> </ul>				<ul style="list-style-type: none"> <li>• Healthy Relationships Baseline</li> <li>• Support Services</li> <li>• Contraception and Sexual Health</li> <li>• Forced Marriage</li> <li>• Review and Assessment</li> </ul>				<ul style="list-style-type: none"> <li>• Healthy Bodies: Chronic Illness</li> <li>• First Aid Awareness Review</li> <li>• Mindfulness and Stress/Mental Health Support Services</li> <li>• End of Year Review and Assessment</li> <li>• Addressing Misconceptions</li> </ul>		