



Lunch Menu

MEAL DEAL - MAIN, CAKE AND DRINK £3.25

Allergen information can be obtained by contacting: stok-academy@coopacademies.co.uk



Co-op Academy
Stoke-on-Trent



Lunch: Week 1

MEAL DEAL - MAIN, CAKE AND DRINK £3.25

MONDAY

- Pie with mashed potato, veg and gravy
 - Chicken and Leek
 - Leek and Potato
 - G/F Shepherd's Pie
- BBQ Chicken wraps & salad
- Fishfinger baps
- Veggie sausage rolls
- Pizza slices

TUESDAY

- Tuna/Veggie Pasta Bake with garlic bread and sweetcorn
- G/F Chicken Burger
- Peri Peri Rice Bowl
- Veggie sausage roll
- Chicken Burgers
- Chilli Beef / Tomato & Basil Pasta

WEDNESDAY

- Toad in the hole/Veggie toad in the hole with roast potatoes, veg and gravy
- G/F Shepherd's Pie
- Mexican Beef Burrito
- Pizza Slices

THURSDAY

- Hot dogs/veggie hot dogs
- Chips (1st sitting)
- G/F Pizza
 - All with gravy or chip shop curry
- Chicken Balti Curry, Rice & Naan Bread
- Beef burgers
- Cajun Chicken / Tomato & Basil pasta

FRIDAY

- Friday Fish & Chips/Chicken Strip Wraps
- G/F Chicken Ball Wraps
 - all served with Peas, Baked Beans, Chip Shop Curry
- Garlic and Herb Chicken Wraps, Salad
- Selection of Pizza Slices

EVERY DAY

- Jacket Potato with fillings
- Soup Station (Mon & Weds only)
- Sandwiches & Wraps
- Salad Bar
- Choice of Hot & Cold Desserts
- Yoghurts & Fruit

Allergen information can be obtained by contacting: stok-academy@coopacademies.co.uk

Lunch: Week 2

MEAL DEAL - MAIN, CAKE AND DRINK £3.25

MONDAY

- Cauliflower & Broccoli Mornay
- G/F Chicken Ball Wraps
 - All served with Potato Lattice Fries, Veg and gravy
- Chicken Tikka Wraps, salad
- Sausage Baps
- Veggie sausage roll
- Selection of Pizza Slices

TUESDAY

- Loaded Nachos
- Veggie Loaded Nachos
- G/F Chicken Burger
 - All served with Corn on the cob
- Jerk chicken rice bowl
- Veggie sausage roll
- Chicken Burgers
- Chilli Beef / Tomato & Basil Pasta

WEDNESDAY

- Roast Dinner (with chicken, Quorn or G/F chicken)
 - Served with Boiled Potatoes, vegetables, Gravy
- Spicy Chicken Burrito
- Selection of Pizza Slices

THURSDAY

- Hot Dogs/veggie burger
- 1st Sitting - Chips
- G/F Pizza
- All served with Chip Shop Curry, Onions
- Chicken Tikka Masala Curry, Rice & Naan Bread
- Beef burger
- Cajun Chicken / Tomato & Basil pasta

FRIDAY

- Friday Fish & Chips/Chicken Strip Wraps
- G/F Chicken Strip Wraps
 - all served with Peas, Baked Beans, Chip Shop Curry
- Salt and Pepper Chicken Wraps, Salad
- Selection of Pizza Slices

EVERY DAY

- Jacket Potato with fillings
- Soup Station (Mon & Weds only)
- Sandwiches & Wraps
- Salad Bar
- Choice of Hot & Cold Desserts
- Yoghurts & Fruit

Allergen information can be obtained by contacting: stok-academy@coopacademies.co.uk

Lunch: Week 3

MEAL DEAL - MAIN, CAKE AND DRINK £3.25

MONDAY

- 5 Spice Beef & Sugar Snap Noodles
- Veggie Red Lentil Bolognese
- G/F Spaghetti Bolognese
 - All with Steamed Greens
- Chicken Fajita Wraps, Salad
- Cheese and onion pasty
- Veggie sausage roll
- Selection of Pizza Slices

TUESDAY

- Herby Chicken with Veg
- Veggie Cheese & Onion Quiche
- G/F Chicken Burger
 - All with Wedges
- BBQ rice bowl
- Veggie sausage roll
- Chicken Burgers
- Chilli Beef / Tomato & Basil Pasta

WEDNESDAY

- Roast Turkey Dinner
- Veggie Quorn Fillets
- G/F Dinner
 - All with Mashed Potatoes, Seasonal Vegetables, Gravy
- Breakfast Burrito
- Selection of Pizza Slices

THURSDAY

- Hot Dogs/veggie hot dogs
- 1st Sitting - Chips
- G/F Pizza
 - All served with gravy or curry
- Chicken Korma Curry, Rice & Naan Bread
- Beef burger
- Cajun Chicken / Tomato & Basil pasta

FRIDAY

- Friday Fish & Chips/Chicken Strip Wraps
- G/F Chicken Ball Wraps
 - all served with Peas, Baked Beans
- Peri Peri Chicken Wraps, Salad
- Selection of Pizza Slices

EVERY DAY

- Jacket Potato with fillings
- Soup Station (Mon & Weds only)
- Sandwiches & Wraps
- Salad Bar
- Choice of Hot & Cold Desserts
- Yoghurts & Fruit

Allergen information can be obtained by contacting: stok-academy@coopacademies.co.uk