BTEC First in Sport Assessment Plan										
Programme Number & Title	BTEC Level 1 / Level 2 Fir	st Award in Sport 600/47	79/3. Cohort 2021 to 202	3 - Y10. Version number 1.						
Unit No & Title	Assignment Title	Targeted Learning Aim/Outcome and Assessment Criteria	Internal Verification of Assignment Brief Date (at least 5 days before)	Hand Out Date	Hand in Date	Internal Asssessment Hand in date or External Assessment Date (within 5 days of hand in)	Internal Verification of Assessment Decisions Date (within 5 days of marking)	Planned Resubmission Date* within 15 days of assessment hand back)	Internal Verification of Resubmission Date (within 5 days of re- submission date)	
Year 1										
Unit 1 - Fitness for sport and Exercise	Examined Unit	A,B & C	N/A	Preparation start 07/09/2021	Exam - Jan 2022					
Unit 2 - Practical Performance in Sport	A) Understand the rules, regulations and scoring systems for selected sports	A - 1A.1, 1A.2, 1A.3, 2A.P1, 2A.P2, 2A.P3, 2A.M1, 2A.D1	11/9/2021	10/1/2021	4/2/2022	7/2/2022	10/2/2022	16/2/2022	18/2/2022	
Unit 2 - Practical Performance in Sport	B) Practically demonstrate skills, techniques and tactics in selected sports	B - 1B.4, 1B.5, 2B.P4, 2B.P5, 2B.M2	11/9/2021	28/2/2022 (Deliver B & C together)	25/3/2022	28/3/2022	31/3/2022	4/4/2022	8/4/2022	
Unit 2 - Practical Performance in Sport	C) Be able to review Sports performance	C - 1C.6, 1C.7, 2C.P6, 2C.P7, 2C.M3, 2C.D2	11/9/2021	28/2/2022 (Deliver B & C together)	25/3/2022	28/3/2022	31/3/2022	4/4/2022	8/4/2022	
Unit 4 - The Mind and Sports Performance	A) Investigate personality and its effect on sports performance	A - 1A.1, 2A.P1, 2A. M1, 2A.D1	11/9/2021	25/4/2022	13/5/2022	16/5/2022	20/5/2022	25/5/2022	27/5/2022	
Unit 4 - The Mind and Sports Performance	B) Explore the influence that motivation and self-confidence have on sports performance	B - 1B.2, 1B.3, 1B.4, 1B.5, 2B.P2, 2B.P3, 2B.P4, 2B.P5, 2B.M2, 2B.M3, 2B.D2	11/9/2021	6/6/2022	4/7/2022	8/7/2022	13/7/2022	18/7/2022	20/7/2022	
				Yea	r 2					
Unit 4 - The Mind and Sports Performance	C) Know about arousal and anxiety, and the effects they have on sports performance	C - 1C.6, 1C.7, 2C.P6, 2C.P7, 2C.M4, 2C.D3	11/9/2021	5/9/2022	5/10/2022	10/10/2022	13/10/2022	19/10/2022	21/10/2022	
Unit 1 - Fitness for sport and Exercise	Examined Unit	A,B & C	N/A	Preparation start 31/10/2022	Exam - 01/02/23					
Unit 3 - Applying the Principles of Personal Training	A) Design a personal fitness training programme	A - 1A.1, 2A.P1, 2A. M1, 2A.D1	14/09/22	7/1/2023	1/2/2023	6/2/2023	10/2/2023	15/2/2023	17/2/2023	
Unit 3 - Applying the Principles of Personal Training	B) Know about the musculoskeletal system and cardiorespiratory system and the effects on the body during fitness training	B - 1B.2, 1B.3, 1B.P2, 1B.P3, 1B.M2	14/09/22	24/2/2023	17/3/2022	21/3/2023	24/3/2023	29/3/2023	31/3/2023	
Unit 3 - Applying the Principles of Personal Training	C) Implement a self- designed personal fitness training programme to achieve own goals and objectives	C - 1C.4, 2C.P4, 2C. M3, 2C.D2	14/09/22	17/4/2022 (Deliver C & D together)	31/5/2023	2/6/2023	5/6/2023	12/6/2023	14/6/2023	
Unit 3 - Applying the Principles of Personal Training	D) Review a personal fitness training programme	1D.5, 2D.P5, 2D.M4, 2D.D3	14/09/22	17/4/2022 (Deliver C & D together)	31/5/2023	2/6/2023	5/6/2023	12/6/2023	14/6/2023	

Lead Internal Verifier Signature									Date
* Lead Internal Verifier mu	st authorise any resubmission	ons. The learner must have r	met the initial deadline (or a	n agreed extension deadline) and authenticated their wo	rk. The resubmission date n	nust be within 10 working da	ays of the learner receiving t	he results of assessment.
	1								