

Co-op Academy Stoke-on-Trent Lunchtime Menu 2023

WEEK 1

	Monday	Tuesday	Wednesday	Thursday	Friday
MAINS	Beef & Potato Pie or Cowboy Beans (V)	Salt & Pepper Chicken or Quorn Satay V	Toad in the Hole or Veggie Toad in the Hole V	Chicken Katsu Curry or Quorn Katsu Curry	Friday Fish or Selection of Pies & Pasties
	Mashed Potato, Veg & Gravy	Stir Fry Noodles, Steamed Greens	Roast Potatoes, Seasonal Vegetables, Gravy	Steamed Rice, Pickled Veg	Chipped Potatoes, Peas, Baked Beans, Gravy or Curry Sauce
GRAB & GO	Chicken Tikka Wrap Pasties	Chicken Burger	Chilli Beef Burrito	Beef Burger or Veggie Cheese Burger	Friday Fish, Selection of Pies & Pasties
TASTE OF ITALY	Selection of Pizza Slices	Penne Pasta with a Choice of Sauces	Selection of Pizzas	Fusilli Pasta with a Choice of Sauces	Selection of Pizza Slices

DAILY	MAIN DAILY	HALL DAILY	DESSERTS DAILY
	Jacket Potato with Fillings	Soup Station, Selection of Sandwiches & Baguettes Salad Bar	Choice of Hot & Cold Desserts Yoghurts & Fruit

Allergen information can be obtained by contacting: stok-academy@coopacademies.co.uk

WEEK 2

	Monday	Tuesday	Wednesday	Thursday	Friday
MAINS	Classic Beef lasagne or Quorn Parmigiana (V)	Loaded Wedges with a Choice of Fillings	Roast Chicken or Veggie Mince Shepherd's Pie V	Chicken Tikka Masala or Sweet Potato & Spinach	Friday Fish or Selection of Pies & Pasties
	Herby Diced Potatoes, Peas	Corn on the Cob, Mixed Salad	Roast Potatoes, Seasonal Vegetables, Gravy	Steamed Rice, Naan Bread	Chipped Potatoes, Peas, Baked Beans, Gravy or Curry Sauce
GRAB & GO	Peri Peri Chicken Wrap	Chicken Burger	Brunch Time Burrito	Beef Burger or Veggie Cheese Burger	Friday Fish, Selection of Pies & Pasties
TASTE OF ITALY	Selection of Pizza Slices	Penne Pasta with a Choice of Sauces	Selection of Pizzas	Fusilli Pasta with a Choice of Sauces	Selection of Pizza Slices

DAILY	MAIN DAILY	HALL DAILY	DESSERTS DAILY
	Jacket Potato with Fillings	Soup Station, Selection of Sandwiches & Baguettes Salad Bar	Choice of Hot & Cold Desserts Yoghurts & Fruit
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WEEK 3

	Monday	Tuesday	Wednesday	Thursday	Friday
MAINS	Smoky Beef Chilli or Sweet Potato & Bean Quesadilla (V)	Mac & Cheese Bar with a Selection of Toppings	Roast Turkey or Roast Quorn Fillet with Stuffing V	Chicken Korma Curry or Vegetable Jalfrezi Ve	Friday Fish or Selection of Pies & Pasties
	Seasoned Potato Wedges, Sweetcorn	Garlic Bread Slice, Mixed Salad	Roast Potatoes, Seasonal Vegetables, Gravy	Steamed Rice, Naan Bread	Chipped Potatoes, Peas, Baked Beans, Gravy or Curry Sauce
GRAB & GO	Tandoori Chicken Wrap	Chicken Burger	Indian Burrito	Beef Burger or Veggie Cheese Burger	Friday Fish, Selection of Pies & Pasties
TASTE OF ITALY	Selection of Pizza Slices	Penne Pasta with a Choice of Sauces	Selection of Pizzas	Fusilli Pasta with a Choice of Sauces	Selection of Pizza Slices

DAILY	MAIN DAILY	HALL DAILY	DESSERTS DAILY
	Jacket Potato with Fillings	Soup Station Selection of Sandwiches & Baguettes Salad Bar	Choice of Hot & Cold Desserts Yoghurts & Fruit
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